

# ALUN COCHRANE IS A DAYDREAMER [AT NIGHT]

## 2009 National Tour

Sharp-witted stand-up comic ALUN COCHRANE, recognised for his recent TV appearances on Michael McIntyre's Comedy Roadshow (BBC ONE) and his return as a panellist on popular satirical comedy show Mock The Week (BBC TWO) is to embark on a national tour with his new show, Alun Cochrane is a daydreamer (at night). Hot on the heels of his stand-up show at the Edinburgh Fringe this summer, ALUN will play 30 dates nationwide from 25<sup>th</sup> September 2009.

ALUN does observational comedy, and he often tells stories. Other things ALUN does that may lead to stand-up material include eating, sleeping, daydreaming, driving, being a son, father, brother, husband, friend, mortgage-holder, clothes-wearer, car-owner, radio-listener, train-traveller, door-opener (and closer), alcohol-consumer, hangover-sufferer, newspaper flicker-through-er, occasional football watcher, and general liver of life, in short; he gets material from anywhere he wanders in mind or body.

This autumn is the time to see him at his peak, like bottle-conditioned real ale ALUN feels that age (and a lie down) have fermented his flavours for the better, resulting in his best daydreaming (and comedy) form yet.

In this the new 'age of austerity' is the apparently daft yet deceptively well-grounded daydreaming of a Scottish Yorkshireman (who drives a Skoda on tour) exactly what people need?

In high demand on the UK and international comedy circuit, ALUN has appeared on a range of TV and radio shows including Never Mind The Buzzcocks (BBC TWO), Have I Got News For You (BBC ONE), 8 Out Of 10 Cats (Channel 4), Just A Minute and 4 Stands Up (Radio 4) as well as various stand-up spots on Comedy Central. ALUN's talent extends to radio hosting when 2009 saw his first foray into breakfast show broadcasting with a successful stint on XFM Manchester. In 2004 his debut Edinburgh solo show My Favourite Words in My Best Stories garnered him a handful of four and five star reviews and a *Perrier Best Newcomer Award* nomination to go alongside the *Writer's Guild Award* for Comedy. ALUN will be taking to the stage this August at the Edinburgh Festival for his fifth solo show following four original stand-up shows in the last five years to critical and audience acclaim.

A full list of dates is below.

*ends*

### **What the press has said about this show in Edinburgh 2009**

Alun Cochrane is the best, as well as the most natural stand-up I've seen at the Fringe this year. A down-to-earth, 34-year-old Northerner, he's the kind of life-affirming comic, like Frank Skinner and Michael McIntyre, who seems as if he's being funny just by being himself...By the end of the show, some people in the audience literally can't stop laughing.

Expect Alun Cochrane to be filling arenas soon.

**Nicholas Barber, The Independent**

He's yet to get the definitive big break that he deserves (panel show appearances notwithstanding), but is highly rated by peers such as Daniel Kitson, and when you experience his somehow attractively dour view of the world, you'll see why.

**James Kettle, The Guardian Guide**

For more information and press ticket requests, please contact: Lucy Plosker or Dan Lloyd.  
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[www.aluncochrane.com](http://www.aluncochrane.com)

# **ALUN COCHRANE** **IS A DAYDREAMER (AT NIGHT)**

## **What the press has said about this show in Edinburgh 2009 cont...**

A man gently wandering through his daydreams and ponderings may not sound like much of a way to spend an hour, but Alun Cochrane's ability to make the little things in life a comedy goldmine is phenomenal... Cochrane eases fluidly between one-liners, surreal rants and anecdotes, with his willing audience powering him along with massive laughs. His conversational style is comforting and his links seamless in the relaxed and jovial atmosphere that he has created. The blank and dour expression which he claims is his default setting only adds to the joy of the material. \* \* \* \*

**Corry Shaw, Chortle**

His set is controlled but never contrived, a testament to his exquisite timing and filled with prime laugh-out-loud stupid moments, delivered with deadpan surety which only a scathing Glasgow-born, Yorkshire-bred man could. Dreamy. \* \* \* \* \*

**Mark Robertson, The List**

He has, over the past years, developed a warm, genuine style of performance which tends to leave audiences happy to indulge him in whatever erratic and silly manner his mind happens to be wandering off in. Everyone likes to daydream; Alun Cochrane just happens to be better at it than most.

**David Stevenson, Fest**

A lot of very funny, sharply-observed material, all linked smoothly and with a great awareness of and relationship with the audience. Although he portrays himself as a bit of a waster, Cochrane is a craftsman both in the writing and in the delivery of his material and is well worth seeing live. \* \* \* \* \*

**David Chadderton, The British Theatre Guide**

An hour with Alun Cochrane is an unpretentious joy, full of sublime phrasing and flights of fancy... make sure this is on your list. \* \* \* \*

**Paul Fleckney, London Is Funny**

A hugely likeable performer on the cusp of comic ubiquity.

**Chris Williams, Fest**

## **Other things the press has said about Alun Cochrane**

*"A lot of people do observational comedy but you need a Jerry Seinfeld kind of eye for the details of life combined with a warm enough personality to pull the audience into your world to be really good at it. Alun has both of these essential qualities in spades."*

**John Nicholson, Mirror**

*'Proper, real, funny-from-the-heart comedy'*

**Frank Skinner, Absolute Radio**

*"A master storyteller, holding the audience before dropping an exploding but simple punchline."*

**Tamsin Curry, Metro**

*"Alun Cochrane will always be a daydreamer, in particular concocting schemes to assassinate animals... his amiable stage-manner has been honed to near-perfection [and] allied to some top-notch material."*

**Brian Donaldson, List**

*"It's only a matter of time before this self-deprecating, sharp-witted and hugely likeable master-comedian takes his well-deserved turn in the spotlight."*

**Tim Arthur, Time Out**

**[www.aluncochrane.com](http://www.aluncochrane.com)**

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## TOUR DATES

<b>September</b>			
Friday 25 <sup>th</sup>		<b>CAMBRIDGE</b> Junction	01223 511 511
Tuesday 29 <sup>th</sup>		<b>CHELTENHAM</b> Town Hall	0844 576 2210
Monday 30 <sup>th</sup>		<b>NORWICH</b> Arts Centre	01603 660 352
<b>October</b>			
Friday 2 <sup>nd</sup>		<b>ALDERSHOT</b> West End Centre	01252 330 040
Saturday 3 <sup>rd</sup>		<b>KINGS LYNN</b> Arts Centre	01553 764 864
Sunday 4 <sup>th</sup>		<b>HULL</b> Truck Theatre	01482 323 638
Thursday 8 <sup>th</sup>		<b>LEICESTER</b> Y Theatre	0116 255 7066
Friday 9 <sup>th</sup>		<b>LONDON</b> Soho Theatre	0207 478 0100
Saturday 10 <sup>th</sup>		<b>LONDON</b> Soho Theatre	0207 478 0100
Sunday 11 <sup>th</sup>		<b>WARWICK</b> Arts Centre	024 7652 4524
Monday 12 <sup>th</sup>		<b>CARDIFF</b> St David's Bar	029 2087 8444
Tuesday 13 <sup>th</sup>		<b>DERBY</b> Darwin Suite	01332 255 800
Thursday 15 <sup>th</sup>		<b>BRIGHTON</b> Pavilion Theatres	01273 709 709
Friday 16 <sup>th</sup>		<b>LONDON</b> Soho Theatre	0207 478 0100
Saturday 17 <sup>th</sup>		<b>LONDON</b> Soho Theatre	0207 478 0100
Tuesday 20 <sup>th</sup>		<b>COLCHESTER</b> Arts Centre	01206 500 900
Thursday 22 <sup>nd</sup>		<b>LEAMINGTON SPA</b> Assembly	01926 523 001
Friday 23 <sup>rd</sup>		<b>BRISTOL</b> Comedy Box	0117 973 7661
Saturday 24 <sup>th</sup>		<b>BRISTOL</b> Comedy Box	0117 973 7661
Sunday 25 <sup>th</sup>		<b>DARLINGTON</b> Hilarity Bites @ Inside Out	01325 362 364
Monday 26 <sup>th</sup>		<b>GLASGOW</b> The Stand	0870 600 6055
Tuesday 27 <sup>th</sup>		<b>EDINBURGH</b> The Stand	0131 558 7272
Thursday 29 <sup>th</sup>		<b>COVENTRY</b> Showcase Cinema	0871 220 1000
Saturday 31 <sup>st</sup>		<b>SHEFFIELD</b> Comedy Festival - The Lescar	07734 940 737
<b>November</b>			
Sunday 1 <sup>st</sup>		<b>MANCHESTER</b> Frog n Bucket	0161 236 9805
Friday 6 <sup>th</sup>		<b>BIRMINGHAM</b> Glee Club	0871 472 0400
Saturday 7 <sup>th</sup>		<b>READING</b> South Street	0118 960 6060
Sunday 8 <sup>th</sup>		<b>YORK</b> Hyena Lounge	08717 042 054
Tuesday 10 <sup>th</sup>		<b>LEEDS</b> The Library	0113 244 0794
Friday 13 <sup>th</sup>		<b>BERWICK UPON TWEED</b> The Maltings	01289 330999
Saturday 14 <sup>th</sup>		<b>SALFORD</b> Lowry Studio	0870 787 5780
Tuesday 24 <sup>th</sup>		<b>SALFORD</b> Lowry Studio	0870 787 5780

## AVALON PROMOTIONS

Avalon Promotions Limited is best known for its presentation of live comedy. The last year has seen FRANK SKINNER, JENNY ECLAIR, LEE MACK, RUSSELL HOWARD, RICHARD HERRING, Edinburgh and Beyond, and Grumpy Old Women Live on sell-out tours around the UK, with Grumpy Old Women Live also embarking on a hugely successful tour of Australia.

Avalon also produced and promoted Jerry Springer – The Opera at the National Theatre, at the Cambridge Theatre in London's West End and on national tour. Among many others, Avalon Promotions has staged: HARRY HILL at the Palace and Dominion Theatres in London; Dave Gorman's Googlewhack Adventure at the Sydney Opera House, the Edinburgh Festival, on UK tour and at the Village Theatre, New York (nominated for *Drama Desk Award 2004*); AL MURRAY's West End runs of My Gaff My Rules, A Glass of White Wine For the Lady (twice nominated for the *Olivier Award for Best Entertainment*) and ...And Another Thing; Richard Herring's Christ on a Bike, ménage à un at the Arts Theatre London; Are You Dave Gorman? at the Westbeth Theatre, New York (nominated for *Drama Desk Award* and winner of *Time Out's Best Comedy 2001*); Baddiel & Skinner Unplanned at the Shaftesbury Theatre London; Frank Skinner Live at the London Palladium; and Grumpy Old Women Live at the Lyric Theatre. In 1993 Avalon Promotions presented NEWMAN & BADDIEL to a sold-out audience of 12,000 in the first comedy show ever to be staged at Wembley Arena. This was followed by FRANK SKINNER performing to a record-breaking audience of 6,000 at the Battersea Power Station.